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Mental Health Resources

If you are experiencing a medical or psychiatric emergency, please dial 911 or go to your nearest emergency room.

National Suicide Prevention Lifeline

- 800-273-TALK (8255)
- 988
- TTY: 800-799-4889
- www.suicidepreventionlifeline.org

Veterans Lifeline

- 800-273-TALK (8255) and press option 1
- Text to 838255

Crisis Text line

- Text HOME to 741741

Trevor Project Crisis Line for LGBT Youth

- 866-488-7386
- Text START to 678-678

SAMSHA Treatment Referral Hotline (Alcohol/Substance abuse)

- 800-662-HELP (4357)

RAINN National Sexual Assault Hotline

- 800-656-HOPE (4673)

National Teen Dating Abuse Hotline

- 866-331-9474

Trans Lifeline

- 877-565-8860

Georgia Crisis Line

- 1-800-715-4225
- text or chat through the GCAL app